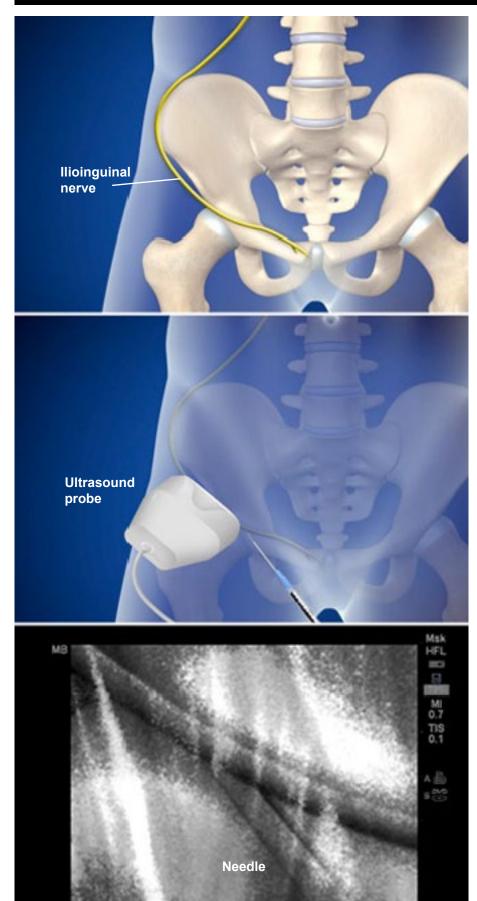
# Jersey Rehab, PA

jerseyrehab.com

#### 15 Newark Ave, Belleville, NJ 07109





#### Overview

This non-operative, outpatient procedure is designed to provide relief for patients with hip and lower abdominal pain. The technique allows the physician to inject an inflammation-reducing steroid around the ilioinguinal nerve with maximum accuracy.

#### Preparation

The physician swabs the abdomen, injects a numbing medication and positions a hand-held ultrasound probe that will allow the physician to visualize the anatomy of the nerve and surrounding tissue and accurately inject the medication.

## **Injecting the Medication**

The physician inserts a needle into the abdomen and guides it to the problem area using ultrasound imagery. The medication is then injected.

## End of Procedure

The needle is removed. The local anesthetic and steroid solution will soothe the nerve, reducing inflammation and pain. The injection can be repeated if necessary.